



# Flour Usage Chart



Usage	Pearl Flour	Hitex Hi Ratio Flour	Self Raising Flour	Wholemeal Flour	Beta Flour	Epic Flour	Medal Flour	Dover Flour
Batters								
Biscuits								
Bread/Buns								
Cakes								
Fruit Cakes								
Muffins/Scone								
Pastry								
Sponges								
Thickening								

Not all flours are created equal. While Champion flours are of consistent high quality, there is a difference between them. For best results, it is important that the correct flour is used for each type of baking. For further information about our product range please free phone 0800 11 0800.